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|  | Step 1: | Identify and consult with your stakeholders and target audience(s) |

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|  | Step 2: | **Define the need and the expected outcomes for your initiative** |

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|  | Step 3: | Identify the knowledge you want to disseminate and implement |

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|  | Step 4: | Identify any adaptations needed to the knowledge |

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|  | Step 5: | Identify the barriers and the facilitators |

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|  | Step 6: | Choose the appropriate dissemination and implementation strategies |

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|  | Step 7: | Define the dissemination and implementation strategies |

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|  | Step 8: | Assess the context for your strategies |

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|  | Step 9: | Tailor the strategies |

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|  | Step 10: | Prepare to implement the strategies |

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|  | Step 11: | Validate your outputs, outcomes and indicators |

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|  | Step 12: | Plan to monitor knowledge use |

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|  | Step 13: | Plan to evaluate outcomes |

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|  | Step 14: | Plan for sustainability |